



SOMARAJA

HIMALAYAN HEALING ARTS

CONSULTATIONS

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| INITIAL VISIT | \$295 |
| Āyurvedic consultation and traditional diagnosis for new patients. Includes dietary, lifestyle, and herbal recommendations + moxibustion treatment. | |
| FOLLOW-UP VISIT | \$150 |
| Consultation and moxibustion treatment for returning patients. | |
| ZOOM CONSULTATION | \$225 |
| Zoom video consultation with a focus on dietary, lifestyle, and herbal therapies. | |
| MOXIBUSTION TREATMENT | \$150 |
| Gentle heat therapy where small cones of mugwort are burned on energy points for balance and rejuvenation. | |

READINGS

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| NATAL READING | \$295 |
| In-depth birth chart reading from the perspective of classical Vedic astrology. | |
| YEARLY READING | \$225 |
| Solar return and yearly transits reading for existing clients who have already scheduled the Natal Reading. | |
| COMPATIBILITY READING | \$225 |
| Relationship compatibility reading from the perspectives of Vedic astrology and Chinese astrology. | |
| FOLLOW-UP READING | \$150 |
| General astrological consultation for returning clients. | |

THERAPEUTIC MASSAGE & BODYWORK

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| ABHYANGA MASSAGE | \$150 | KUNYE MASSAGE | \$150 |
| Nourishing Āyurvedic treatment that combines warm medicinal oils with gentle massage techniques to gently purify, rebalance, and rejuvenate the body-mind. | | Tibetan warm oil treatment that opens the subtle channels with slow rhythmic movements that includes warm herbal compress (hormé) on vital energy points. | |
| SHIRODHARA | \$175 | HOT STONE MASSAGE | \$150 |
| Luxurious and meditative Āyurvedic treatment where warm herbal oil pours continuously from a copper vessel onto the third eye and crown. | | A hot stone massage drawing from Tibetan and Hawaiian massage traditions to reduce pain and stiffness while promoting circulation. | |
| CHAKRA BASTI | \$150 | STRUCTURAL INTEGRATION | \$225 |
| Traditional Āyurvedic treatment where a ring of dough is placed around the heart or navel and filled with warm medicinal oil. | | The classical 10-session recipe of structural integration as taught by Dr. Ida Rolf and Emmet Hutchins. | |
| VISHESH DEEP TISSUE | \$225 | MOVEMENT EDUCATION | \$150 |
| Āyurvedic deep tissue massage, a more invigorating form of Abhyānga that addresses the fascial layer. | | Personalized instruction and guided exercises to support optimal posture through body mechanics, alignment and breathwork. | |

OPTIONAL TREATMENT ENHANCEMENTS: REFLEXOLOGY, HOT STONE, HERBAL COMPRESS, AROMATHERAPY, HYDROTHERAPY